

# EVIDENCE SUMMARY

## **BENEFITS OF TEAM-BASED CARE**

### IN PRIMARY CARE



### **ENHANCEMENT**

Increased access to primary care and reduction of wait times

Enhanced management of chronic diseases

Improved screening and early detection

Greater collaboration across healthcare team

### **COST-SAVINGS**

Support for complex and time-consuming patients

More patients accommodated per hour by team approach

Improved patient outcomes leading to decreased costs

Fewer admissions to hospital and emergency care

### **SATISFACTION**

Enhanced work-life satisfaction for primary care physicians

High career satisfaction for registered nurses

Increased opportunities for patients and healthcare team to develop meaningful relationships across lifespan

## **INTEGRATION**

### **GERIATRICS**

Supports 40-60 patients

Liaises between patient, family, physician, and facility

Attends interdisciplinary meetings and family conferences

Coordinates rounds and annual medical assessments

“...she saves us having to go to LTC on a regular basis...she troubleshoots so that I don't have to go at the end of a long day or in the middle of my clinic day.”

- Family Medicine Associates physician

“Five stars out of three.”

- IMJ physician

“She is my right arm, and my left!”

- Fairview physician

### **WOMEN'S HEALTH**

Completes 90+ Pap tests per month

Provides women's health screening

Follows up on abnormal results and coordinates referrals

Educates and counsels on medications, contraception, STIs, etc

### **FAMILY PRACTICE**

Supports 200-300 patient visits per month

Follows up on lab work

Administers injections

Provides wound care

Educates patients on health conditions

“...the benefits...cannot be overstated. The tremendous ease of communication makes for highly efficient and improved patient care.”

- Family Medicine Associates physician

## **INTERESTED?**

Contact the GP PCN Nurse Liaison to learn more.

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### **CHRONIC DISEASE**

Educates patients on chronic diseases

Provides smoking cessation counselling

Assesses medication and lifestyle changes

Coordinates referrals and connects with community resources

References:  
Canadian Nurses Association. (2021). Benefits. Retrieved from: <https://www.cna-aiic.ca>  
The College of Family Physicians of Canada. (2017). Best Advice. Team-Based Care in the Patient's Medical Home. Retrieved from: <https://patientsmedicalhome.ca>